



Maryland Sea Grant
REU Guidebook
for
Chesapeake Biological laboratory &
Horn Point laboratory



Campus

All REU fellows that are conducting research at the Chesapeake Biological Laboratory (CBL) will be housed in single and double dormitory rooms on the second floor of Nice Hall on the CBL campus. There is a common room on the first floor for the students to use – though it must be shared weekdays with the CBL community – and a kitchen in the basement. Community use computers are in the basement.

NICE HALL – DORMITORY INFORMATION

Common Room

The common room on the first floor of Nice Hall is open 24 hours and cable television is available. If there is a meeting or if a meeting is scheduled for the common room, please be courteous and leave. As a courtesy to other guests, please maintain reasonable quiet while staying in the dorms.

Housekeeping Service

CBL provides you with bed linens. On Tuesday mornings - Summer Students who desire clean linens should place their sheets in the pillowcase and leave them on the bed (by 9:30 am on Tuesday mornings only). Housekeeping staff will not strip the beds. Clean sheets will be placed ON the bed and it is your responsibility to make the bed. Students are responsible for damaged or misplaced linens.

There is storage under the sinks in the bathrooms. Please store all of your personal items during the day and when not in use. This will allow the Housekeeping staff to clean the bath area without disturbing your items.

Keys

Your room key opens the door to your room as well as the outside door to Nice Hall. Should you lose your room key, we will assess a charge of \$10.00 as we are required to change the locks on rooms with missing keys. This is for your safety and protection.

Kitchen

Each REU student is provided with their own food locker and a set of eating utensils and dishes. The REU students also have cooking equipment labeled for their use as well as general use cooking utensils. Please be sure that you keep dated food current in your locker. Also, remember you are sharing the refrigerators as well. Please keep up with dated food, and clean your area when you prepare food in the kitchen.

You are expected to keep the kitchen clean and tidy.

The CBL housekeeper does not come in daily to clean up after you, please be considerate of ALL others staying in the dorm. Slovenly behavior may result in the loss of kitchen privileges.

Phone

There are no phones in the dormitory rooms. There are 2 phones located in the dormitory area that can receive incoming calls. You will need a phone card to make personal long distance calls from any campus phones. If you have a cell phone, you might want to check with your provider about access and rates for Solomons Island.

Regulations

There are certain established policies within the residence hall, some of which are determined by State law. While on campus we ask that you DO NOT:

1. Sell, use, or possess illegal drugs.
2. Use or possess alcoholic beverages.
3. Sell alcoholic beverages.
4. Cook in your room. The kitchen, located in the basement of Nice Hall, is open 24 hours.
5. Keep pets.



6. Smoke in any University Building.
7. Use a candle or other open flames in your room.
8. Play music/TV loudly after 11:00 PM.
9. Gamble.
10. Leave windows open while heating/AC is on or while you are away for extended periods.
11. No appliances are to be kept in any dorm room.

OTHER CBL INFORMATION

Computers

Each dorm room has only one computer jack. There is a WiFi connection in Nice Hall. You can easily access it from there and it also reaches to some of the dorm rooms. There are communal use computers in various campus locations. Your mentor will inform you about use of computers in their labs and offices. Information about computers and accounts will be presented at orientation. The contact person for computers and other IT issues is Mike Santangelo.

Copy Machines

Your mentor will provide you with an access code for copying.

Library Cards

There is a library for your use at CBL. You will attend a library introduction and receive your library cards during orientation. Jerri Ferris is the head librarian at CBL.

Laundry Facilities

There is one laundry facility in our area. It is located in the Patuxent Plaza Shopping Center, which also offers dry cleaning. Please check with the business for their operating hours.

Mail

Your mail will be left in the mailbox labeled (your advisor) STUDENTS in the Mansueti Building. If you have further questions about your mail, please check with Mary Jane Reber in the receiving area.

Stamps

You may obtain stamps at the Solomon's Post Office in the Patuxent Plaza Shopping Center. There is a mail drop box in the Mansueti Building for outgoing mail that may be used Monday - Friday.

Parking Permits

If you plan to have a car at CBL, please provide us with the license plate number and the vehicle make and model so we can have your parking permits available when you arrive. For your own protection, please do not park your car in any University parking lot unless you have obtained a permanent or temporary permit. Cars parked in any area where a permit is required may be towed at the owner's expense. If you have any questions about parking, please see Cindy Dixon in Campus Services.

Security

Please keep your room door locked and your key with you at all times. The University of Maryland and the Chesapeake Biological Laboratory assume no responsibility for loss and/or damage to a resident's personal property, regardless of the cause of loss. **LOCKED OUT???** Between the hours of 8:00 am and 5:00 pm, go to the Maintenance Facility. Between 5:00 pm and 8:00 am if you are locked out of your office, laboratory, or dormitory, please call the security guard at extension 299. From off-campus, dial 410-326-7299.



Bicycle Storage

Bicycles should be stored in the bicycle rack by the emergency generator behind Truitt Laboratory. Bicycles ARE NOT to be stored in any buildings.

Fitness

CBL has an exercise bike, NordicTrack and the river to swim in. Summer membership at St. Mary's College's recreation center (with pool) is \$200/person. If at least four students want memberships the rate is \$100/person.

CBL In-House Emergency Telephone Numbers

FOR AFTER HOUR EMERGENCIES DIAL EXT. 333 or dial 410-326-7333 from any other telephone. Please reserve use of this number for true emergencies affecting physical plant, which include flooding, property damage, or power and/or equipment failures. The emergency number provides a list of personnel contacts which redirects your call to the home telephone of the personnel contact you have selected.

Contacts listed are:

1. Don Loeffler (Assistant Director For Facilities)
2. Kenny Hoofnagle (Multi-trades Supervisor: Non-mechanical issues)
3. Ted Skrabacz (Multi-trades Supervisor: Mechanical and Electrical)
4. Cef Epps (Maintenance Supervisor: Maintenance Facility)
5. Kevin Cornett (HVAC Mechanic: Mechanical & Electrical)
6. Pete Gallo (HVAC Mechanic: Mechanical & Electrical)
7. Mark Griffin (Carpenter: Non-mechanical issues)

Please do not call this number if you need a vehicle or if you are cold, this number is for true emergencies only. Please do not call this number for fire, serious injury, or other incidents involving life safety. Dial 911 for emergency services provided through Calvert County Public Safety.

Report all emergency maintenance requirements to extension 232 during normal business hours.

Safety Information

As you check in to Nice Hall and the other facilities at CBL, please familiarize yourself with the different exits in your building. In case of fire, or if you smell smoke, pull the nearest fire alarm, try to notify others and leave the building quickly.

Do not ignore fire alarms!!! If you are in your room, and smoke is not present, close your window. Feel your door before opening it, and do not open if it is hot. Seal the cracks around it with whatever is handy, and hang a sheet or jacket out the window to attract attention.

If the door is not hot, open it very carefully. If the hall is free from smoke and heat, lock your door and exit by the closest exit.

If necessary for safe exit, fire ladders are available in each dormitory wing and may be deployed from room windows.

Move quickly by crawling when escaping through a smoke filled corridor.

Place a wet cloth over your face and head.

Once outside, move away from the building and any vehicle traffic. Do not re-enter the building until police or fire fighters say it is safe, even if the fire alarm has stopped. Note: The building fire alarm systems do not automatically notify the local fire department or police. Local authorities should be notified by calling 8-911 (do this from a safe location).

Complete fire safety information is available on the CBL website:
<http://cbl.umces.edu/Resources/SafetyWeb/CBLfiresafety.html>



<http://cbl.umces.edu/Resources/SafetyWeb/CBLEmergencyEvacuation.html>
<http://cbl.umces.edu/Resources/SafetyWeb/SafeAreas.html>

Around Town

Banks

Bank of America ATM only, 13860 Solomons Island Rd
Bank of America (410) 326 3113, 11780 Hg Truman Rd, Lusby
Bank of America (301) 862 2166, 21800 N. Shangri-La Dr, Lex Prk
Calvert Bank & Trust Co (410) 326-2141, 13984 Solomons Island Rd S
(The bank manager will have a letter with all REU students names verifying that you are summer fellowship students at CBL)
First Mariner Bank (410) 394-0590, 10 Creston Ln # 2
First Virginia Bank (410) 326-9294, 11100 Asbury Cir
Maryland Bank & Trust Co (410) 394-0300, 80 Holiday Dr

Post Office

US Post Office (800) 275-8777, Patuxent Plaza Shopping Center, 13946 Solomons Island Rd S

laundromats

Laundromat (410) 326- 9863, Patuxent Plaza Shopping Center
Kwik Wash (301) 862-3089, 22599 Macarthur Blvd, California, MD
Lore's Laundromat (301) 737-0560, 21628 Great Mills Rd, Lex Park

Pharmacies

CVS Pharmacy (410) 326-3461, 13390 Hg Trueman Rd

Hospitals

Solomons Urgent Care Ctr (410) 394-2800, 14090 S Solomons Island Rd

Supermarkets

Capt. Smith's Seafood Market (410) 326-1134
Food Lion (410) 394-6236, 13300 H G Truman Rd
Woodburn's Food Market (410) 326-3999, (410) 326-3284

Restaurants

Bomerangs Original Ribs (410) 326-6050, 13820 Solomons Island Rd S
Burger King (410) 394-1355, 13410 Hg Trueman Rd
C D Café (410) 326-3877, 14350 Solomons Island Rd
Captain's Table (410) 326-2772, 275 Lore Rd
Catamarans Restaurant (410) 326-8399, 14470 S Solomons Island Rd
China Harbor Restaurant (410) 326-6888, 77 Charles St
China Harbour Seafood Rest. (410) 326-0700, 13958 Solomons Island Rd S
Cone Island (410) 326-2578, 14441 S Solomons Island Rd
DiGiovanni's Dock Of The Bay (410) 394-6400, 14556 Solomons Island Rd
Domino's Pizza (410) 394-0600, 20 Creston Ln
Dynasty Chinese Restaurant (410) 394-1185, 13322 Hg Trueman Dr
Food Lion (410) 394-6236, 13300 H G Truman Rd
Harbor Sounds (410) 326-9522, 120 Charles St
Holiday Inn (410) 326-6311, 155 Holiday Dr
Jerry's Subs & Pizza (410) 326-4820, Patuxent Plz Route 4
Jethro's Barbecue (410) 394-6700, 13880 Solomons Island Rd N
Lighthouse Inn (410) 326-2444, 14636 Solomons Isle Rd S

CBL

Maryland Way Restaurant (410) 326-6311, 155 Holiday Dr
Mc Donald's (410) 326-2435, 13500 Solomons Island Rd S
Naughty Gull Pub & Restaurant (410) 326-4855, Lore St
Riverside Restaurant (410) 326-9900, 14485 Dowell Rd
Roy Rogers Restaurant (410) 326-4290, 14000 Solomons Island Rd
Solomon's Pier Restaurant (410) 326-2424, 14575 Solomons Island Rd
Stoney's Kingfisher's Captain (410) 326-1036, Calvert Marina
Subway Sandwiches & Salads (410) 326-1500, 13330 Hg Trueman Rd
Wharf (410) 326-3261, 14442 Main St
Zahniser's Dry Dock Restaurant (410) 326-4817, 251 C St

Entertainment

Sony Lexington Park Cinema Six (301) 862-5000, Lexington Park, MD
Bowie Baysox (301) 805-6000, 4101 Crain Hwy

Museums and Other Attractions

Annmarie Garden on St. John (410) 326-4640
Calvert Marine Museum (410) 326-2042
Carmen's Gallery, Ltd (410) 326-2549
Drum Point Lighthouse
Joseph C. Lore and Sons Oyster House (410) 326-2042
Spinney Studio-Gallery (410) 326-4020
Wm. B. Tennison

Places of Worship

Calvary Bible Church (410) 586-1091
East John Youth Center (410) 326-1150
Eastern United Methodist Church (410) 326-2699
Full Gospel Business Men's Fellowship International (410) 326-4526
Harvest Fellowship (410) 326-0033
Middleham Episcopal Church (410) 326-4948
Olivet United Methodist Church (410) 326-3902
Our Lady Star of the Sea (410) 326-3535, 50 Alexander Ln
Solomons United Methodist Church (410) 326-3278, 14454 Solomons Island Rd S
Southern Calvert Baptist Church (410) 326-6533
St. John's United Methodist Church (410) 326-2987
St. Paul's United Methodist Church (410) 326-4475
St. Peter's Episcopal Church (410) 326-4948

Some thoughts from a former CBL REU:

My first impression of Solomons Island and CBL was fabulous! I fell in love with the place at first sight!! I miss the island, the people, and the Tiki Bar everyday! I loved the life there because you could easily find social things to do or find a quiet getaway if needed.

The weekends were spent sunning on the Pier, going to a movie in the nearby town, driving into D.C. (only about an hour away!!) or walking around the island shopping and exploring. Honestly, I don't have enough words to even justify how much I enjoyed my time there and the Island and all its life.

All the professors are super cool- some of them will even join you at the Tiki Bar for happy hour!! One of my favorite aspects of the island is that you can walk just about everywhere. With the exception of laundry and food shopping day, just about every other thing to do is within walking distance which is fabulous because if you don't have a car, you won't be in any crutch. And though the Food Lion is cheaper- check out the nicer

CBL

food mart (can't remember it's name right now[Woodburn's Food Market]) in the laundry strip mall they have an awesome collection of organic and worldly foods!!

What more can I say about it? The views are spectacular, 4th of July was awesome with a fireworks display shooting off from a boat in the middle of the River, the people are fabulous, one of the BEST Italian restaurants is there (a bit expensive, but VERY worth it!!)... I love the place!! It was by far one of the best times in one of the best places that I've had in my life.

Like I said earlier, I couldn't have enough positive praise to describe this place.



Campus

Detailed information about Horn Point Lab can be found at My HPL, which you can access once you have an HPL address or a password. All REU fellows that are conducting research at the Horn Point Laboratory (HPL) will be housed in single and double dormitory rooms at the HPL Acorn dormitory. There is a common room and kitchen/eating area for the students to use. REUs are provided with their own refrigerator to share among themselves.

HPL DORMITORY INFORMATION

Welcome to HPL's Acorn Dorm

The following info and house rules apply to everyone staying in the dorm. With the number of people sharing communal living quarters, common courtesy and common sense is a required necessity! Please be courteous of others living and working in these dorms.

Common Room

The common room is open 24 hours and cable television is available. As a courtesy to other guests, please maintain reasonably quiet while staying in the dorms.

Deck

The dorm deck is available for all residents to sit and enjoy the view. Please keep the deck and deck furniture clear of sporting equipment so that it is free for the resident's use. BIKES can be parked undercover on the walkway of the ramp entrance to the dorm as long as they do not block access to the ramp and doors. Any bikes that cannot be accommodated in this area must be parked on the grass, or in individual dorm rooms. Dive wear/ equipment should be stored in individual dorm rooms. If you need to dry out wet suits, booties, gloves, towels, etc. go ahead and drape them over the railings around the dorm over night (or into the next day if necessary) but please don't use the deck and deck furniture as long term storage.

Dormitory Room

1. You are responsible for keeping your room clean and neat.
2. Any changes to the room must be approved and implemented by the Custodial Services Dept. Do not block air vents or ducts, install locks on dorm or windows, apply paint or paneling to any surface, or construct room partitions.
3. The cork bulletin board has been provided to hang posters, pictures etc.
4. Bathrooms are for the use of all residents. Do not leave personal items in them.
5. The use of cooking appliances (hot plates, toasters, microwaves, etc.) in living quarters is prohibited.
6. Privately owned air conditions are prohibited.
7. Do not take the bunk beds apart.
8. Do not remove desk lamps from desks.

There are 2 settings for your door lock. One is when the button is pushed in and button ridge is oriented vertically (|). In this position the door will unlock every time the door knob is turned. However, when the button is pushed in and the ridge is oriented horizontally (-) the lock is in the permanent position, and you must twist the button until it is in the vertical position and pops out to unlock the door. Please keep your room door locked and your key with you at all times.

Fish

There are abundant fishing opportunities throughout the summer. Congratulations to those who find success. Unfortunately, as you all know, fish smell bad. Fish need to be cleaned outside, and all fish byproducts and waste (scales, bones, skin, guts, heads, etc) must be disposed of in the

HPL

outside garbage cans. Please store any fishing equipment you have in your room. The presence of hooks, knives, scissors, etc., strewn around the deck is dangerous to unsuspecting bare feet, and to kids who are on the property throughout the summer.

General Use Living Areas:

General use areas are scheduled for routine cleaning. However, please clean up after yourself as much as possible. Furniture may be moved around but not removed from the general use living areas. The common rooms are open 24 hours and cable television is available. As a courtesy to other guests, please maintain reasonably quiet while staying in the dorms.

Housekeeping Service

The housekeeping staff (Linda, Chris and Ernest), come in to clean once a week, time permitting. Their cleaning includes only the following specific areas:

1. Toilets - Toilets are scheduled to be cleaned by housekeeping only once a week and are cleaned for normal bodily functions only NOT VOMIT!
2. Bathrooms - Housekeeping will tray and clean the sinks and floors weekly, but their duties do NOT include showers, which are the responsibility of the residents.
3. Trash - Bathrooms waste baskets and kitchen trash cans are emptied by housekeeping only once a week. Dorm residents are responsible for removing trash to the larger trash cans located outside the dorm (by the kitchen door steps) as often as needed. Residents are also responsible for emptying waste baskets located in their respective rooms.
4. Common Areas - Housekeeping will periodically vacuum for normal messes/dirt in the kitchen, TV room, and hallways. They are not responsible, however, for cleanup after parties, cookouts or movie marathons. Again, residents are responsible for cleaning up after themselves.

No Indoor Sports!

NO indoor sports, please. Basketball, kickball, soccer, skateboarding, rollerblading, etc., are outdoor sports. The noise generated during these activities can be heard clearly through the walls and are very disturbing to the apartment residents.

Keep It Clean

Wipe down tables and counters after preparing or eating meals. Take out the garbage when it is full. Sweep or mop up messes and spills in the kitchen. Use the dishwasher, and not the sink for dirty dishes. When the dishwasher is full, put some soap in it and clean a load of dishes. If the dishwasher is full of clean dishes, put them away. If you have enough time to prepare your food and eat it, make sure you take the time to clean up your mess. Everyone who uses the common rooms needs to participate in keeping them clean for all the residents.

Keys

You will receive keys to your room, your lab and the main building when you arrive at HPL. Your dorm key will also open the main doors to Acorn dormitory.

Kitchen

Food may be stored and prepared in the kitchen only. Safety and sanitation considerations require that appliances, dishes and utensils be cleaned and stored only in the kitchen area. You are responsible for washing and storing all appliances, dishes, and utensils used in the preparation and consumption of food.

There is a refrigerator provided for the REU students to share. Cooking and eating utensils and dishes are provided. Several cabinets will be designated for REU food storage. Please be sure that you keep dated food current in your locker. Also, remember you are sharing the



refrigerator as well. Please keep up with dated food, and clean your area when you prepare food in the kitchen.

You are expected to keep the kitchen clean and tidy.

laundry facilities

The washers and dryers are for the use of the dorm residents only. Please provide your own laundry detergent. The basic rules to using these conveniences are:

1. Clean the line traps (located on the top of each dryer) before drying a load of laundry, or the dryers will burn out and no one will be able to use them.
2. Clothing/cloth items only. This means NO SHOES as it damages the machines.
3. Do your laundry when you're there to empty the machines. There are a lot of people with a lot of laundry, and your wet/dry laundry sitting unattended shouldn't inconvenience anyone.

linens

Linens are not supplied. Students should bring bed linens (twin bed) and towels. A blanket is provided, but you may want to bring another blanket or a light comforter as the air conditioning may make the rooms very cool.

Parking

Parking is available in the gravel lot off the side of the dorm, and along the driveway to the front of the dorm. No special parking stickers required. The entire cement area near the kitchen entrance is HANDICAPPED parking only! This is state law, so please refrain from occupying this space for any reason (loading, unloading, washing your car, etc.) As well as blocking the driveway leading to the handicap parking space.

Phone

Each dorm room has its own phone with its own phone number that can receive incoming calls. You will be given the phone number when you are assigned a room. You may want to bring an answering machine for your dorm room phone. You can receive incoming calls, however, will need a phone card to make personal long distance calls from any campus phones. There is also a general dorm phone in the common room, the number is: 410-221-8214.

If you have a cell phone, you might want to check with your provider about access and rates for Cambridge, MD. It is often difficult to get reliable cell phone service at the lab.

Quiet

The walls and floors are hollow. You will be surprised and possibly annoyed by the amount of noise that people can make just by walking around in the dorm. Tread lightly late at night, close doors softly, and keep TV and stereo volumes down after 10:00 pm. There are two apartments directly on the other side of the VERY thin wall where the TV set is located. Please be respectful of the noise level (including outdoors between the dorm and the cove, where the apartment windows are located) after 10:00 so everyone has a chance to get adequate, well deserved rest.

Recycling

There is no recycling pick up at HPL. If you chose to recycle, you are required to dispose of it weekly, before Housekeeping arrives on Monday morning. Accumulation of recyclables attracts critters that the dorm can do without. If you're going to be environmentally responsible, be responsible for the disposal of the recycling as well.

Smoking

ALL BUILDINGS ON CAMPUS ARE NO SMOKING BUILDINGS. This is state LAW. Furthermore, the ventilation system in the dorm connects all the rooms in the dorm. Therefore, smoking in one



room, even after hours, and even with the door closed, can be detected by anyone breathing through their nose. Smokers are welcome to indulge on the dorm deck, where a sand bucket for cigarette butts is provided. Please dispose of your butts in the sand bucket or trash cans, and not the grass, deck or parking areas.

Temperature

Please do not open your windows or adjust the thermostats. Thermostats are located near the door, in rooms at the end of the hall furthest from the kitchen. The temperature control for ALL the rooms and hallways for each floor are controlled by thermostats in these rooms. This means that if you open your window to cool your room down, the rest of the floor gets progressively hotter because the thermostat thinks ALL the rooms are as cool as yours and turns off the AC for all the rooms. If your room temperature is uncomfortable or unbearable, you need to let someone (housekeeping or maintenance) know so that a solution to the problem can be formulated without making the rest of the hall residents miserable.

HPL DORMITORY SAFETY & SECURITY REGULATIONS/GUIDELINES

Fire:

1. If the smoke detector sounds and you see fire or smell smoke: pull fire alarm, leave building, and call 911. Do not attempt to put out the fire.
2. Do not attempt to leave a room if the door knob is warm to the touch. If you are trapped in a room, keep your room door closed, place a towel or clothing in the crack at the bottom of the door, and go to the window to alert rescue personnel to your location and needs. If possible, open the window at the top and bottom to let smoke out and air in.

For all HPL buildings, the dorm included, if you smell smoke or see flames, get out of the building and CALL 911 IMMEDIATELY. A fire alarm and/or sprinkler system should be going off in any building before any evidence of fire is visible. If you do call 911, please contact the on call maintenance person and let them know what is going on.

General

1. No smoking in the dormitory.
2. Alcohol may be stored and used only with specific permission of the Director of HPL.
3. Do not change thermostats. They are set at 68 F in winter and 78 F in the summer.
4. Fireworks, firearms, lighted candles, gasoline, kerosene, and other flammable fuels and their containers are prohibited.
5. Familiarize yourself with emergency telephone numbers and the location of exits.
6. HPL is not liable for personal injury, illness, and property loss or damage. Keep your key with you at all times and lock your door when leaving the building.
7. For health and safety reasons, cats, dogs, birds, fish, and other animals are prohibited in the building. Guide dogs for visually or hearing impaired individuals are permitted.
8. Do not tamper with sprinklers, pipes or pipe coverings; do not hang objects from them, or place furnishings or decorations near them.
9. When trash cans are full, please bag the trash and leave it in the garbage cans provided on the front porch.

Injury

If someone is injured and needs an ambulance, call 911 from a payphone (1st floor in the dorm, front entrance in the Marine Morris Building, hallway by the fish tank in the Main Lab Building). 911 can also be dialed from any campus extension by first dialing a 9 to get an outside line.



Law Enforcement

If you notice cars or people on campus that obviously don't belong here, and if there is an urgent danger, and you need to contact a law enforcement agency, call the Sheriff's Office at 228-4141.

lockouts

The official procedure for a resident lockout is:

1. Call the HPL dorm resident (Marta Revilla) at x8260. If the dorm resident is not available, call the off campus person (Linda Lowe) @ 410-228-8116. If you leave a message on either person's answering machine, please leave a follow-up message for them after you've resolved your situation.
2. If you cannot reach a security person to let you into your room, AT THE CONVENIENCE OF THE SECURITY PERSONNEL, and you don't want to wait until they can get back to you, you can call a local locksmith and pay to have your room unlocked AT YOUR OWN EXPENSE. Dorm and lab building lockouts, when equipment or personnel are not at risk, are considered inconveniences, NOT EMERGENCIES, and you may have to wait the better part of a day, on a weekend, if the on duty security person is off campus or out of town. Key One in Easton: 410-820-4419 or 410-228-5201
3. If you cannot reach a security person, and immediate access to your room is necessary for your health (i.e. Life-preserving medication such as insulin, asthma inhaler, etc.) call the on call maintenance person @ x8834. In Case of Emergency (9-911)

When to Call Maintenance (On Call Personnel)

After Hours/Weekends

On call maintenance personnel should be contacted (x8834) to respond to the campus in the event of an EMERGENCY which would cause personal injury, machinery or property damage or jeopardize research. This does NOT include lockouts.

OTHER HPL INFORMATION

Computers

There are 2 computer hook-ups per dorm room. There are communal use computers in various campus locations. Your mentor will inform you about use of computers in their labs and offices. There are detailed computer use guidelines on My HPL. You are expected to read these and familiarize yourself with them. Information about computers and accounts will be presented at orientation. The contact person for computers at HPL is Patrick Maloney, IT director, at pmaloney@hpl.umces.edu.

Copy Machines

Your mentor will provide you with an access code for copying.

Library Cards

There is a library for your use at HPL. You will attend a library introduction and receive your library cards and access information during orientation at CBL. Darlene Windsor is the librarian at HPL.

Mail

You will have your own mailboxes located in the main building between the library and the lecture hall.

fitness

The lab has a weight room with one treadmill. Cambridge has a YMCA with cardio and weight machines, free-weight room, basketball courts and new indoor pool. The phone number for the Dorchester County YMCA is 410.221.0505. Cambridge Multi-Sport Club does outdoor training for



cycling, running and swimming in the summer and REUs are welcome to join the training sessions. The Cambridge Municipal outdoor pool is open for lap swimming during the week from 11am-12pm. Normally the pool charges admission, but the lap swimming time is free (no guards are officially on duty so it's 'swim at your own risk').

Important Numbers and Contacts Updated as of JAN04

DIRECTOR: Michael Roman 8425, 8335
ASSOCIATE DIRECTOR: Elizabeth Spahr 8417
Director's Office, schedule, appointments: Jamie Shockley 8335

IT DEPT. INFORMATION & ELECTRONIC SERVICES

Questions concerning Network: Patrick Maloney, Director 8385 (Cell Phone for emergencies: 443-497-0216)
Questions concerning UNIX Servers, Email and IVAN: Matt 8241
Questions concerning PC's, or Computer Virus: Fan 8488
Telephone system: Phil Dery 8443

Library and Mail Information: Darlene Windsor 8450
Interlibrary Loans: windsor@hpl.umces.edu
Mail Information: Darlene Windsor 8450

Receptionist for Lab calls: Kim Jackson 0 or 8399
Petty Cash reimbursements: kimh@hpl.umces.edu
PayDay Paycheck Distribution: Kim Jackson

MAINTENANCE DEPT contact JANE GILLIARD 8334, 8406
UPS Shipping and receiving
Key Manager for offices, buildings, labs
Maintenance On-Call Schedule, Emergencies
Newsletter items

MAINTENANCE STAFF

Maintenance of Vehicles, boats, trucks: Robert Lowe 8489
Vans, lab grounds keeping equipment: Tim Seabrease
Housekeeping: Linda Lowe 8224
Cleaning, Moving: Ernest Ross 8344
Dorm arrangements and billings: Natalie Dawson 8227
Building Maintenance Rusty Kinnamon 8482
Plumbing: Richie Long 8369

Around Town

Banks

Allfirt Bank 405 Sunburst Hwy
Atlantic Bank (410) 228-5200, 601 Crusader Rd
Bank Of America (410) 228-1916, 700 Sunburst Hwy
Bank Of The Eastern Shore (410) 221-0940, 1025 Washington St
Bank Of The Eastern Shore (410) 228-5800, 301 Crusader Rd
Hebron Savings Bank (410) 228-9202, 6 Cedar St
National Bank Of Cambridge (410) 228-4100, 803 Woods Rd
National Bank Of Cambridge (410) 228-5600, 304 High St
Provident State Bank (410) 228-1554, 530 Poplar St
Sun Trust Bank (410) 228-8900, 403 Academy St
Talbot Bank Of Easton (410) 221-7690, 2745 Dorchester Sq



Post Office

US Post Office (800) 275-8777, 301 High St

Pharmacies

Craig's Drug Store (410) 228-3322, 409 Race St
CVS Pharmacy (410) 228-9030, 626 Shoal Creek Mall
Dapo Pharmacy Inc (410) 228-8855, 300 Washington St
Hubbard's Pharmacy (410) 228-0648, 636 Race St
Rite Aid Pharmacy (410) 228-8600, 798 Sunburst Hwy

Hospitals

Dorchester General Hospital (410) 228-5511, 300 Byrn St
Eastern Shore Hospital Ctr (410) 221-2300, 5262 Woods Rd

Supermarkets/Stores

Acme Markets Inc (410) 228-8343, 630 Shoal Creek Mall
Carroll's Country Store (410) 228-9867, Cassons Nck
Center Market (410) 228-4313, 600 Race St
Chicken Man (410) 228-6448, 222 Washington St
E G Webster & Son (410) 228-1454, 810 Race St
Food City, 2747 Dorchester Square
Food Lion Inc (410) 228-8328, 6 Washington St
Jackson's Cash Market (410) 228-5560, 813 Pine St
Lewis Grocery (410) 228-3924, 1042 Hudson Rd
Meatland (410) 228-9667, Route 50 & 16
Metro Food Market (410) 221-7910, 2737 Dorchester Sq
Sandy Hills Quik Shop Inc (410) 228-7300, 1502 Glasgow St
Shore Stop (410) 228-0818, 911 Washington St
Snow's Turn Market (410) 228-2060, 1801 Race St
Sunburst Citgo (410) 228-4315, 212 Sunburst Hwy
Super Fresh (410) 228-7472, 780 Cambridge Plz
Super Stop Deli (410) 228-7301, 501 Maryland Ave
Walmart Super Center, 8155 Elliott Road
Walmart, 2775 Dorchester Square
Wawa Food Market, 601 Sunburst Highway
Wroten's Market (410) 228-4911, 201 Maryland Ave

Restaurants

Arby's (410) 228-9239, 2731 Dorchester Sq
Big Mario's Rusticana Pizza and Italian Restaurant (410) 228-1515, 2760 Dorchester Sq
Blue Heron Restaurant (410) 221-0222, 802 Woods Rd
Burger King (410) 228-3547, 10 Maryland Ave
Cambridge Diner (410) 228-8898, 2924 Old Route 50
Canvasback Restaurant & Pub (410) 221-7888, 420 Race St
Cator House (410) 221-7517, 411 Muse St
China House Restaurant (410) 228-3188, 2753 Dorchester Sq
Choptank Market & Deli (410) 221-8032, 301 Choptank Ave
Cindy's Eastside Kitchen (410) 228-3830, Aireys Rd & Cordtown Rd
Creek Deli (410) 228-1161, 106 Market Sq
Creek Side Seafood and Produce Market, 400 Academy Street
Dairy Queen (410) 228-1680, 320 Sunburst Hwy
Dayton's Restaurant (410) 228-9873, 1a Sunburst Hwy



Domino's Pizza (410) 228-0100, 124 Cedar St
Elmer's Restaurant (410) 228-8099, 813 Locust St
English's Family Restaurant (410) 228-4344, 701 Sunburst Hwy
English's Family Restaurant (410) 228-4344, Route 50
Great Wall Chinese Restaurant (410) 228-0332, 25 Sunburst Hwy
Hardee's (410) 228-4080, 800 Woods Rd
High Spot Restaurant (410) 228-3410, 303 High St
Holiday Inn (410) 221-9900, 2715 Ocean Gtwy
Hyser's Carry Out (410) 228-3465, 824 Locust St
J P's Diner (410) 901-6033, 748 High St
Kay's Country Kitchen (410) 901-8844, 2839 Ocean Gtwy
KFC (410) 376-3538, 766 Cambridge Plz
Kit's Kitchen, 5227 Bucktown Road
Little Caesar's, 744 Cambridge Plaza
Little Danny's Sugar Shack and Deli, 411 Academy Street
Mc Donald's (410) 476-3508, 317 Sunburst Hwy
Ocean Odyssey Seafood Deli (410) 228-8633, 316 Sunburst Hwy
Peking House Restaurant (410) 228-9242, 2717 Ocean Gtwy
Pizza City (410) 221-7500, 511 Maryland Ave
Pizza Palace Greek & Italian (410) 221-0022, 600 Sunburst Hwy
Place On Race Café (410) 228-0833, 421 Race St
Plaza Tapatina (410) 228-7808, 315 Sunburst Hwy
Popeyes (410) 221-7711, 1 Sunburst Hwy
Port Side Seafood Restaurant (410) 228-9007, 201 Trenton St
Ritas Water Ice (410) 228-8001, 308 Sunburst Hwy
Rolston Chesapeake Grill, 321 High Street
Sailwind (410) 228-3232, 411 Academy St
Sailwind Station (410) 228-3694, 511 Maryland Ave
Sandy's Restaurant (410) 228-0866, 400 Race St
Shirley's Restaurant (410) 228-2522, 1504 Glasgow St
Signature's Café (410) 221-5080, 5227 Bucktown Rd
Snappers (410) 228-0112, 112 Commerce St
Southside (410) 228-0010, 1801 Race St
Spicer's Seafood Restaurant, 802 Woods Road
Sub City (410) 228-8339, 1721 Race St, Rte 116
Subway Sandwiches & Salads (410) 221-6465, 602 Sunburst Hwy # A
Super Chinese Buffet (410) 228-8865, 778 Cambridge Shopping Ctr
Super Stop Deli, 501 Maryland Avenue
Tidelands Seafood
Tolley's Catering & Dinner (410) 228-2000, 513 Race St
VanDykes Chesapeake Seafood, 212 Franklin Street
Village Pizza (410) 228-0441, 400 Muse St
Wendy's (410) 376-3747, 211 Sunburst Hwy

Entertainment

Premiere Cinema (410) 221-8688, 2759 Dorchester Sq
Delmarva Shorebirds Baseball (410) 219-3112, 6400 Hobbs Rd

Museums and Other Attractions

Blackwater National Wildlife Refuge, 10 miles south of Cambridge
Brannock Maritime Museum, 210 Talbot Street
Brooks Barrel Company, 5228 Buckstown Road
Choptank River Fishing Piers State Park
Dorchester Heritage Museum



Richardson Maritime Museum, 401 High Street
Skipjack Nathan, Long Wharf Park
The Merideth House, 902 LaGrange Avenue

Places of Worship

Antioch United Methodist Chr (410) 228-3532, Town Point Rd
Bay Country Bible (410) 221-8568, 714 Locust St
Beckwith United Methodist Chr (410) 228-7725, Route 343
Bethel Ame Church (410) 228-8725, 623 Pine St
Bucktown United Methodist Chr (410) 221-1029, 4346 Bucktown Rd
Cambridge Church-Christ (410) 228-6333, 3020 Center Dr
Cambridge Congregation-Jehovah (410) 228-4113, 2616 Cambridge Beltway
Chateau Community Church (410) 397-8267, Chateau Dr
Christ Episcopal Church (410) 228-3161, 601 Church St
Christ United Methodist Church (410) 901-2344, 5033 Aireys Rd
Church Of Jesus Christ Of Lds (410) 221-0233, Love Joy Rd & Center Dr
Church Of The Anointed One (410) 228-7047, 414 Muir St
Church Of The Nazarene (410) 228-1592, Hambrooks Blvd
Cornerstone Assembly Of God (410) 228-3728, 507 Race St
Countryside Christian Church (410) 228-7621, 5333 Austin Rd
Faith Seventh Day Adventist (410) 228-5888, 1011 Phillips St
Family Tabernacle Of Faith Chr (410) 901-1032, 901 Pine St
First Baptist Church (410) 228-4943, 501 Glenburn Ave
Friendship Church (410) 228-4922, 4960 Drawbridge Rd
George William K (410) 228-4115, 204 Belvedere Ave
Grace United Methodist Church (410) 228-4353, 501 Race St
Hall Sr Leon B (410) 228-2230, 1132 Maces Ln
Holy Temple Apostolic Church (410) 221-6393, 3121 Ocean Gtwy
Holy Temple Apostolic Church of Cambridge, 1026 Cosby Avenue
Immanuel United Church-Christ (410) 228-4640, 900 Peachblossom Ave
Jehovah's Witnesses Hall (410) 228-4113, 609 Governors Ave
Jubille Christian Fellowship (410) 228-5432, 415 Academy St
Miracle Faith Revival Church (410) 228-0399, 700 Phillips St
Mt Sinai Baptist Church (410) 228-8171, 839 Park Ln
National Church Of God (410) 221-0520, 807 Washington St
New Greater Mt Olive Baptist (410) 228-5910, 601 Douglas St
Open Bible Church & Academy (410) 228-4488, 1619 Race St
Our Lady of Good Counsel (Catholic)
Our Shepherd Lutheran Church (410) 228-7099, 1312 Race St
Pentecostal Church (410) 228-1217, 610 Hubert St
Redeemer Presbyterian Church (410) 221-7994, 300 Mill St
Refuge Temple Church Of God (410) 228-3644, 800 Robbins St
Salvation Army (410) 228-2442, 200 Washington St
Seventh-Day Adventist Church (410) 228-7542, Route 50
Souls For Christ Deliverance (410) 901-1210, 212 Dorchester Ave
Souls Harbor Church Of God (410) 221-0860, 718 Peachblossom Ave
Spedden United Methodist Chr (410) 228-0996, 1013 Hudson Rd
St John's Chapel (410) 228-5439, 1213 Hudson Rd
St Luke United Methodist Chr (410) 221-0161, 712 Bradley Ave
St Mary's Refuge-Sinners (410) 228-4770, 1515 Glasgow St
St Paul's United Methodist Chr (410) 228-1424, 205 Maryland Ave
St. Luke United Methodist Church, 712 Bradley Avenue
Union Chapel Ame Church (410) 228-4097, 5160 Cordtown Rd
United Missionary Baptist Chr (410) 228-0229, 1006 Phillips St



Waugh United Methodist Church (410) 228-5189, 429 High St
Wesley United Methodist Church (410) 228-1428, 715 Bradley Ave
Wesleyan Church Hall (410) 228-9370, 803 Race St
Zion Baptist Church (410) 228-5669, 600 Cross St
Zion United Methodist Church (410) 228-4910, 612 Locust St



Some thoughts from a former HPL REU:

DID I ENJOY MY REU EXPERIENCE?

I want to begin by saying that becoming an REU is one of the best decisions I ever made. I was interested in grad school when I took my REU position, and if you are too, I strongly recommend taking this opportunity. Even if you want to work right after college, my REU experience has been really imperative for my resume. It will make you stand out from other candidates for jobs, other internships and grad school.

HOW ARE THE OTHER REUs?

The other REUs were fantastic people. I go to the University of [Big State School], and here it is difficult to find people who are passionate about their interests (mainly because the place is so damn big). I learned that programs like the REU program with Maryland Sea Grant attract interesting people from all walks of life. I've met some of my greatest friends at HPL.

HOW ARE THE OTHER HPL PEOPLE?

Every single person that we encountered at HPL was amazingly friendly, and helpful, in the event you need to take up their time to help you do something or another. I was very impressed by the general kindness of everyone at HPL, from professors to secretaries and everyone in between. You will most likely never feel like you're being snuffed or spoken down to.

WHAT'S THE WORK LOAD LIKE?

The work load is what you want it to be. For the most part, your advisor will give you a good amount of freedom to plan your work schedule. You will most likely work some weekends and late nights (because YOU will realize that you want to get more done than you can during a regular 8 hour work day—and that really does happen).

WHAT'S IT LIKE TO LIVE IN CAMBRIDGE?

We went to Ocean City (about a 1.5-2.0 hour drive) ALMOST EVERY SUNNY WEEKEND. Cambridge is very basic. You've got grocery stores, a movie theater and a couple of bars in the 'Downtown' area. There is a good number of restaurants too. Also, there's a beach about 40 feet from the dorm. The beach isn't anything too spectacular (about 15 ft long and extending 4 ft from the water), but I definitely am guilty of having shown up late to the lab because I was swimming in the morning/afternoon.

THINGS I WOULD DO OVER?

I would have brought my car. If you do not have one, it's not THAT big of a deal, but if you have the option, you get free parking and freedom to go to the grocery store whenever you please (although you should be prepared to help out others who don't have a car by carting their butts around every once in a while).

WHAT WOULD I DO IN YOUR POSITION?

Jump at the opportunity to go to HPL as an REU! Not a single REU last year ever said anything negative about their experience. It was the best job I ever had.